# Connect with us!

Nebraska VR uses social media to share information about disability employment topics, client success stories, and community outreach.



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Nebraska VR

Where your future begins vr.nebraska.gov

# Are you ready to plan for the future? Nebraska VR can help!

Learn more about Nebraska VR at: vr.nebraska.gov/youth/ or contact an office near you:

#### Columbus

US 30 Center Mall 3100 23rd Street, Ste 5 Columbus, NE 68601 402-562-8065 877-505-0866 Toll Free

#### Fremont

827 North D Street Fremont, NE 68025 402-727-2900 888-585-5439 Toll Free

#### **Grand Island**

203 E. Stolley Park Rd, Ste B Grand Island, NE 68801 308-385-6200 800-862-3382 Toll Free

#### **Hastings**

2727 W. 2nd Street, Ste 326 Hastings, NE 68901-4683 402-462-0160 800-852-3382 Toll Free

#### Kearney

315 W 60th Street, Ste 400 Kearney, NE 68845 308-865-5343 800-262-3382 Toll Free

#### Lincoln

3901 N 27th Street, Ste 6 Lincoln, NE 68521 402-471-3231 800-472-3382 Toll Free

#### Norfolk

1212 W. Benjamin Avenue Norfolk, NE 68701 402-370-3200 800-442-3382 Toll Free

#### **North Platte**

200 South Silber, Bldg. #2 North Platte, NE 69101 308-535-8100 800-272-3382 Toll Free

#### Omaha

1313 Farnam on the Mall Omaha, NE 68102 402-595-2100 800-554-3382 Toll Free

#### **Omaha West**

12011 Q Street Omaha, NE 68137 402-595-1212 877-240-4445 Toll Free

#### Scottsbluff

505A Broadway, Ste 500 Scottsbluff, NE 69361 308-632-1321 800-292-3382 Toll Free

#### **South Sioux City**

510 West 13th Street, Ste C South Sioux City, NE 68776 402-494-2265 877-659-7899 Toll Free

# Transition and Career Planning for High School Students



09/2016



Where your future begins

# Nebraska VR

# Where your future begins

### What is Nebraska VR?

Nebraska VR is an employment program for students who experience a disability or impairment that may impact work and/ or the ability to work.

Nebraska VR assists students by:

- Exploring career options
- Setting employment goals
- · Identifying needed supports

Career exploration to determine job interests and aptitudes will be provided. Placement tests like the ASSET or Compass, required by community colleges for class placement, can also be administered at Nebraska VR offices.

Nebraska VR works with schools and other organizations across the state to help students plan for the future and prepare for careers that match their skills, abilities, and interests.

## 3 Steps to Get Started

- A parent or guardian, school staff member, or other professional can contact Nebraska VR.
- 2. The student and parent or guardian complete an application for services and a release form.
- The student meets with a Nebraska VR Employment Specialist to begin planning and career exploration.

## **Going Forward**

Students can expect to explore career options during scheduled meetings with an Employment Specialist. Exploration activities may include:

- Job shadows
- Informational interviews
- · Job fairs
- · Vocational evaluation and testing

## Plans may include:

- Job seeking/job search activities
- · Exploring work accommodations
- On-the-job evaluation
- On-the-job training
- · Post secondary training
- Participation in Project SEARCH or a Certificate Program

Our services are meant to meet the needs of students today by preparing them for the careers of tomorrow.

Learn more at: vr.nebraska.gov/youth/